

ORGANIC TOAST white SD, chia/rye SD; buckwheat/ pumpkin seed GF / fig & raisin loaf with house butter / peanut butter / house marmalade / vegemite / house jam	6.5
ADD smashed avocado	4
EGGS ON TOAST poached, fried, scrambled, soft/hard boiled	12
SIDES bacon, smashed avocado, field mushrooms, grilled haloumi, Chisholm pork & fennel sausages, grilled tomato, house baked beans	4
BREAKFAST PANINI free range scrambled egg, grilled eggplant, haloumi, spinach, za'atar labne (NF) ADD bacon or avocado	13 4ea
FREE RANGE EGG & BACON ROLL provolone cheese, house-made onion, tomato & sumac relish, damper (NF)	12
TAKE-AWAY SPECIAL Bacon & Egg Roll + reg coffee	12
OG SMASHED AVO sourdough, pomegranate tomatoes, shanklish, mint, nigella and sesame (NF) ADD bacon or mushrooms	17 4ea
ADD fried or poached egg	3
SYRIAN FALAFEL tomatoes, radish, cucumber, leaves, pickled chilli, tahini, parsley (GF NF VE) WRAP	13
BOWL	16
GREEN GODDESS BOWL cos lettuce, green beans, avocado, capers, cucumber, sprouts, black barley, tahini, pepitas (NF VE)	17
ADD poached chicken or haloumi	5
CHICKEN SHAWARMA WRAP, lettuce, tomato, avocado, toum, shanklish cheese, pickles (NF)	14
THE 80's BURGER brisket & chuck beef, beetroot, pineapple, lettuce, tomato, cheese, onion, house ketchup, shoestring fries (NF)	18
ADD fried egg	3
FISH TACOS ling, red cabbage, black bean & tomato salsa, coriander, chipotle mayo, corn chips (NF DF)	18
PULLED PORK & GREEN PAPAYA SALAD amaranth leaves, wombok, radish, cherry tomatoes, mint, cashews (DF)	17

SHOESTRING FRIES sauce - tomato, BBQ, smoked chilli mayo, tahini 6

TOASTIES

Choose - ham off the bone, tasty cheese, tomato, bacon, avocado, mushroom,
egg, spinach (Served on square bread)

2 fillings	8
extra fillings	+2
grilled haloumi	+4
chicken schnitzel	+4
sourdough or wrap	+1
gluten free bread	+2

KIDS (Nut Free)

KAFTA SKEWERS, CUCUMBER & TOMATO	10
HOUSE NUGGETS & CHIPS	9
HAM & CHEESE TOASTIE	8
EGG of your choice & soldiers	8

KITCHEN CLOSERS 2:30pm
LAST COFFEE ORDERS 3pm

COFFEE espresso 3	macchiato 3.5	
long black, cappuccino, latte, flat white, piccolo, hot chocolate		R 4 L 4.5
mocha, chai latte, iced latte, extra shot, decaf, soy, almond, oat		+ 0.5
SICILIAN HOT CHOC		4
TEA (loose leaf) English breakfast, peppermint, earl grey, green		4
HOUSE STICKY CHAI or TURMERIC LATTE brewed in milk		5
almond/soy/oat milk		+ 0.5
3T ICED STICKY CHAI served without milk; refreshing		5
FRESH MINT & CINNAMON TEA		4
FRESH JUICES GREEN: kale, cucumber, apple, celery, ginger		8
SPRING: watermelon, orange, lemon		
DETOX: apple, carrot, beetroot, orange, ginger		
SHAKES 500ml organic choc malt / mixed berries		7.5
KIDS' SHAKES 250ml choc / vanilla / strawberry / caramel		4
PERRIER SPARKLING WATER 330ml		4.5
SOFT DRINK GLASS BOTTLE 330ml coke / coke zero / sprite		4
LOCAL KOMBUCHA, ORGANIC REMEDY SWITCHEL		5
CHECK OUR BOARD FOR OUR SPECIAL SODA & SMOOTHIE		

**THE 3T FRIDGE IS INSIDE FOR
TAKE HOME MEALS & HOUSE PRODUCTS**