

ORGANIC TOAST white or quinoa/soybean sourdough; GF; sour cherry & raisin with house butter / peanut butter / house marmalade / vegemite / house jam	6.5
ADD smashed avocado	1.5
EGGS ON TOAST poached, fried, scrambled, soft/hard boiled	12
SIDES bacon, smashed avocado, field mushrooms, grilled haloumi, pork & fennel sausages, grilled tomato, half avo, ham off the bone	4
3T PORRIDGE almond milk, poached seasonal fruit, cinnamon, coconut flakes, local honey (NF VE)	13
BREKKY WRAP free range scrambled egg, grilled haloumi, mushroom spinach, zaatar labne (NF)	13
FREE RANGE EGG & BACON ROLL provolone cheese, house-made onion, tomato & sumac relish, damper (NF)	12
TAKEAWAY Bacon & Egg Roll Special w reg coffee	12
SYRIAN FALAFEL tomatoes, radish, cucumber, leaves, pickled chilli, tahini, parsley, sprouts (GF NF VE)	11
WRAP	11
BOWL	14
SOUL BOWL roast pumpkin & capsicum, lentils, leaves, parsley, mint, cucumber, pomegranate & cashew tahini dressing (GF VE)	16
ADD fried or poached egg	3
ADD chicken, lamb or bacon	4
ASHBURY BURGER free range chicken breast, gouda cheese slaw, mixed leaf, chipotle mayo, charcoal bun, chips (NF)	18
THE STEAK SANDWICH baharat-spiced grass fed topside, onion jam, tomato, cos lettuce, dijon mayonnaise, turkish bread, sweet potato chips (NF DF)	18
SOUP MADE WITH LOVE and toasted sourdough	13
WINTER STEW potato & kafta meatballs, slow-cooked tomato sauce, basmati, parsley (VEGAN Option - Eggplant & Spinach) (DF NF GF)	17

SHOESTRING FRIES sauce - tomato, BBQ, chipotle mayo, tahini 6

TOASTIES

Choose - ham off the bone, tasty cheese, tomato, bacon, avocado, mushroom, egg, spinach (Served on square white bread)	
2 fillings	8
extra fillings	+2
chicken schnitzel	+4
sourdough or wrap	+1
gluten free bread	+2

KIDS (Nut Free)

BOLOGNESE	9
HOUSE NUGGETS & CHIPS	9
HAM & CHEESE TOASTIE	8
EGG of your choice & Soldiers	8

KITCHEN CLOSES 2:30pm
LAST COFFEE ORDERS 3:15pm

COFFEE espresso 3	macchiato 3.5
long black, cappuccino, latte, flat white, piccolo, hot chocolate	R 4 L 4.5
mocha, chai latte, iced latte, extra shot, decaf, soy, almond, oat	+ 0.5
TEA (loose leaf) English breakfast, peppermint, earl grey, green	4
PRANA CHAI, TURMERIC LATTE, MATCHA LATTE	
brewed in milk	5
almond/soy/oat milk	+0.5
FRESH JUICES kale, cucumber, apple, celery, ginger/ watermelon, orange, lemon / carrot, beetroot, apple, orange, ginger	8
SHAKES 500ml organic choc malt / mixed berries	7.5
KIDS' SHAKES 250ml choc / vanilla/ strawberry/caramel	3.5
PERRIER SPARKLING WATER 330ml	4.5
SOFT DRINK GLASS BOTTLE 330ml coke / coke zero / sprite	4
ORGANIC REMEDY KOMBUCHA,	5
COCONUT WATER & SWITCHEL	
CHECK OUR BOARD FOR SPECIAL SODA & SMOOTHIE	